



Develop your confidence and self belief as a leader

Improve an aspect of performance in self and/or team

Make an important decision

Make a behavioural change

Lead and manage change

Work on something you've been avoiding

**Become more strategic** 

Build a stronger, transformational team

Improve your ability to have meaningful and/or 'difficult' conversations

Improve your time management, ability to delegate or prioritise

Manage stakeholder relationships

Prepare for and deliver an important presentation

**Prepare for redundancy** 

Understand how your beliefs, values and assumptions impact on your role as a leader

Develop a more flexible leadership style

Change the organisational or team culture

Prepare for a new role (first 90-180 days)

Understand and manage stress

Get a promotion

**Develop your influencing skills** 

**Develop your vision** 

Develop your emotional intelligence and self awareness

Get a better work/life balance – Achieve more with less effort

Develop your presence, authority and impact as a leader

Explore psychological blocks/thinking patterns

Improve motivation in self and others

Improve your communication skills

**Become more assertive** 

lead, inspire, succeed

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